Hadiyat al Atfal – Ali's Journey

(From Sadness to Peace)

A story of a 7-year-old boy who finds peace in his heart through the Prophet's hadiths and Quranic duas.

📖 Hadith | 🤲 Dua | ❓ Quiz

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📄 Page 1 – Story Begins

Ali was 7 years old. Every day after school he would go to his room and sit alone. He did not want to play or talk to anyone.

His mother asked, "Son, what's wrong? Are you sad again?"

Ali looked down and said, "Mom, I do not understand anything. My heart always feels sad. What is my purpose? Why am I alive?"

His mother did not know what to say. Ali thought a lot – but he could not find the answer. This happened every day.

📌 Teaser: *Will Ali ever get his answer? Read on…*

📄 Page 2 – Father Sees Ali's Pain

One night Ali was crying into his pillow. His father heard him and came in. He gently put his hand on Ali's shoulder.

Father: "Son, tell me what's wrong. I am here for you."

Ali told him everything. He kept crying: "Dad, I cannot find peace. Nothing makes me happy. There is an empty feeling inside me."

His father hugged him tightly. Then he said lovingly:

Father: "Son, your answer lies only with the one who is Allah's final Messenger. I will give you a special book. Read it every day. InshaAllah, you will find everything you need."

📌 Teaser: *What book could that be? Turn the page…*

📄 Page 3 – Father Gives the Book

The next morning, his father gave Ali a beautiful book. On its cover, written in golden letters, was:

"Hadiyat al Atfal"

Father: "This book has the hadiths of the Prophet (peace be upon him) and duas. Read one hadith and one dua every day. You will see your heart begin to change!"

Ali took the book. For the first time in many days, a small smile appeared on his face. He happily opened the book.

Now the hadiths and duas begin! Every page brings a new lesson – a new peace.

📄 Page 4 – First Hadith and First Dua

Ali opened the first page. It said:

Hadith 1:

"A believer is like a soft, fresh plant. When the wind blows, it bends, then becomes straight again. But a bad person is like a hard tree – it stays straight, then one day it breaks and

falls."
📚 Sahih Bukhari 5644 | Sahih Muslim 2809

Ali thought: *"So… if I am a believer, I will not break in hard times? I may bend, but I will not fall apart!"*

Dua #1 – When you need something

Arabic (corrected):
رَبِّ إِنِّي لِمَا أَنزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ

Easy words: *Rabbi inni lima anzalta ilayya min khayrin faqeer*

Meaning: "My Lord, I truly need whatever good You send down to me."
📚 Surah Al-Qasas 28:24

When to say it? When you need anything – food, money, help, knowledge, or peace.

Ali said this dua and felt a little peace.

📌 Teaser: *Will this peace stay? Let's see…*

📄 Page 5 – Second Day: New Hadith and Dua

The next day Ali opened the second page.

Hadith 2:

"A Muslim is one from whose tongue and hand other Muslims are safe."
📚 Sahih Bukhari | Sahih Muslim

Ali thought: *"So I will never hurt anyone with my words – no bad words, no lies, no gossip!"*

Dua #2 – For sadness and worry

Arabic (corrected):
اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ

Easy words: *Allahumma inni a'udhu bika minal hammi wal hazan*

Meaning: "O Allah, I come to You for safety from worry and sadness."
📚 Sahih Bukhari 6342

When to say it? Morning and evening – and whenever your heart feels heavy.

Ali said this dua three times. He felt like a big load was lifted from his heart.

❓ Quiz – Question 1

In the first hadith, what is a believer compared to?
(A) A hard tree
(B) A soft, fresh plant
(C) A big mountain

Answers are on the last page.

📌 Teaser: *Ali slept after praying. What will happen next morning?*

📄 Page 6 – Ali Begins to Change

Ali read the book every day. He read hadiths, made duas, and asked Allah for help.

One day his mother saw him sitting alone, making dua and crying. But these were not sad tears – they were tears of getting closer to Allah.

Hadith 3:

"Whoever says these words 7 times in the morning and 7 times in the evening – Allah will remove his worries of this world and the next."
📚 Abu Dawud 5081 | Ibn as-Sunni 71

Dua:
حَسْبِيَ اللَّهُ لَا إِلَٰهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

Easy words: *HasbiyAllahu la ilaha illa huwa, alayhi tawakkaltu wa huwa Rabbul arshil azeem*

Dua #3 – For your life's purpose

Arabic:
رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Easy words: *Rabbana aatina fid dunya hasanatan wa fil aakhirati hasanatan wa qina azaaban naar*

Meaning: "Our Lord, give us good in this world and good in the Hereafter, and save us from the fire of Hell."
📚 Surah Al-Baqarah 2:201

When to say it? After every prayer – and whenever you want to remember your purpose.

Now Ali understood: his purpose was to do good in this life and the next – and to make Allah happy.

❓ Quiz – Question 2

What happens by saying "HasbiyAllahu..." 7 times morning and evening?
(A) You become rich
(B) Your worries go away
(C) You live long

📄 Page 7 – The Turning Point

One day at school, a boy teased Ali. Ali felt angry – but at that moment he remembered a hadith:

Hadith 4 (About anger):

"Do not get angry."
📚 Sahih Bukhari

Ali stopped his tongue. He did not say any bad words. There was peace in his heart.

That night he said Dua #2:
"Allahumma inni a'udhu bika minal hammi wal hazan…" – and he fell asleep calmly.

When he woke up, he felt: he was no longer sad. He was smiling!

❓ Quiz – Question 3

Dua #3 (Rabbana aatina…) is for:
(A) Only this world
(B) Only the next world
(C) Both this world and the next

❓ Quiz – Question 4

"Do not get angry" – who said this?
(A) An old wise man
(B) Prophet Muhammad (peace be upon him)
(C) An angel

📄 Page 8 – Ali Finds His Purpose

Ali had finished the book. He went to his father and said with a smile:

Ali: "Dad, now I understand! My purpose is not just to be happy – it is to help Allah's people, to be a good person, and to make dua to Allah."

His father hugged him, tears in his eyes:

Father: "MashaAllah, my son! You have found what this book was meant to give you. May Allah always keep your heart shining. Ameen."

End of story:
Ali is happy now. Whenever he feels sad, he reads a hadith and makes a dua. And Allah gives him peace.

You can do it too! One hadith – one dua every day. InshaAllah!

📄 Page 9 – Activity Page

✏️ Write your favorite dua here:

📖 Write one hadith that you remember:

💭 What did you learn from Ali's story?

🎨 Draw a smiling face here:

(Leave space for a simple drawing)

📄 Page 10 – End Page: Quiz Answers + Easy Explanation

✅ Correct Quiz Answers

Question	Correct Answer
1. Believer compared to?	(B) A soft, fresh plant
2. HasbiyAllahu removes?	(B) Your worries
3. Dua #3 is for?	(C) Both worlds
4. "Do not get angry" said by?	(B) Prophet Muhammad (ﷺ)

📜 Easy Explanation of the Hadiths

Hadith 1 (The plant): A believer faces hard times but never breaks. He bends with patience and trust in Allah, then becomes straight again.
What we learn: When you are sad, keep trusting Allah – be soft, not hard and brittle.

Hadith 2 (Tongue and hand): A true Muslim never hurts another Muslim by words or actions.
What we learn: No bad words, no lies, no backbiting, no hitting.

Hadith 3 (HasbiyAllahu): "Allah is enough for me." Saying it 7 times morning and evening takes away all worries of this life and the next.

Hadith 4 (Don't get angry): Anger comes from Satan. Staying quiet and making dua cools the anger.

🤲 Easy Explanation of the Duas

Dua 1 – When you need something: *Rabbi inni lima anzalta…* Say this when you need food, help, knowledge, or peace. Allah gives you what is best.

Dua 2 – For sadness and worry: *Allahumma inni a'udhu…* Say this in the morning, evening, and when your heart is heavy. Allah removes sadness.

Dua 3 – For this world and the next: *Rabbana aatina…* Say this after every prayer. It brings success in this life and in heaven.

Dua 4 – HasbiyAllahu: Say it 7 times in the morning and 7 times in the evening. Allah protects you from all problems.

📄 Page 11 – How to Share This Book for Free

اس کتاب کو مفت کیسے شیئر کریں

You can share this e-book freely. Forward it to get reward from Allah (sawaab).

✅ Ways to share:

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5. QR Code – Make a QR code for the PDF link and put it on WhatsApp status. People scan and download.

⚠️ Note: This book is for free sharing only. Selling it or taking money is not allowed.

🤲 Dua: May Allah send this book to every sad child who is looking for peace. Ameen.

📄 Page 12 – End

Alhamdulillahi rabbil aalameen
اَلْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ